



## Ergonomic Home Read Workstation



Sitting Position

Double Black Imaging strives to offer you the best options to make your home read workstation as healthy as possible. To that end, we are pleased to offer you a healthy alternative to sitting at a desk all day. Our height adjustable electric sit-stand home read workstation allows for varying positions throughout your busy workday. Studies show this to be much healthier than being sedentary throughout your workday.

### Features Include:

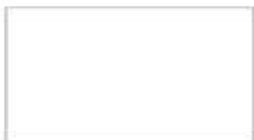
- \* 24.9" to 50.6" Height Range
- \* Dual or Triple Motor
- \* 3 Presets on Memory Switch
- \* 350 lbs Maximum Lift Capacity
- \* Frame Expands from 40" to 74"
- \* Available in Black or White Base
- \* Choice of 60" or 72" Wide Top (other custom sizes available), and Corner Option Available



Standing Position

### Available Upgrade Options

#### Desktop Choices



White



Midtown Walnut



Uptown

#### Memory Switch

- \* 4 presets



#### Retractable Touch Screen

#### Memory Switch

- \* 3 presets





## Accessories to Complete Your Home Read Workspace

Improve your ergonomics with monitor arms, an anti-fatigue mat, and a chair. Additional accessories available for your convenience include:

- \* CPU Holders
- \* Keyboard Trays
- \* Cable Management
- \* Task Lights

### Ergonomic Tips for your Health and Comfort:

- \* Alternate between sitting and standing every 30 minutes
- \* If possible, implement the 20-20-20 rule: every 20 minutes look 20 feet away for 20 seconds
- \* Keep feet flat on the floor and arms at a 90-100° angle
- \* Monitors should be at eye level whether sitting or standing
- \* Keep good head and neck posture
- \* Maintain monitors at eye level; try to easily see all monitors



Contact us today and start reading comfortably from home!